



vitalis
Aged Care at Home

Information and prices for private clients

**No
waiting
lists!**

CONTACT JANE ADKINS FOR ALL AGED CARE AT HOME ENQUIRIES

p: 0450 435 892 e: jane@vitalisagedcare.com.au w: vitalisagedcare.com.au

Quality, affordable care from a trusted provider

Vitalis Aged Care at Home has been helping older Australians remain independent in the comfort and familiarity of home for over 10 years. Compassion and a commitment to excellence is at the heart of everything we do. Our wide range of services is provided by experienced and empathetic carers and nurses, and are tailored to the individual needs of you or your loved one. Our pricing is designed to be transparent and cost-effective, while ensuring you receive the quality of care you deserve.

“

I depend on the Vitalis carers and they do the job properly. I really appreciate their help and what they do. Life is a lot more manageable for me now.

- Barbara G, Sydney

”



Benefits of Vitalis Aged Care at Home



No waiting lists! Immediate care available for private aged care clients.



Clients and family members choose the type of care and when/where to receive it.



Clients get to age safely and happily in the comfort and familiarity of own home.



Level and type of care evolves as you age or need to manage complex health conditions.



Services are tailored to meet individual needs and backed by first-class communication.



Vitalis Aged Care at Home helps you avoid preventable hospitalisations.



All services provided by friendly, skilled and compassionate nurses, allied health staff and carers.



We also provide support to family members, for extra confidence and peace of mind.

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Home care that meets the needs of the whole family

Vitalis Aged Care at Home provides the specialist support, experience, compassion and commitment to excellence that delivers peace of mind for family members and the best possible care for clients.

HOW WE SUPPORT CLIENTS

- We empower you to continue to live confidently, independently and happily in familiar surroundings.
- Full range of services - from help around the home to specialist nursing care for complex conditions.
- All services and supports tailored to meet individual needs and situations.
- Every client is carefully matched with a carer to ensure personal compatibility.
- All carers and clinicians are highly trained and focused on delivering the best health outcomes.
- All carers and clinicians work to deliver a positive client experience at all times.
- Care is delivered when and where you need it.
- Level and type of care can evolve as your needs change.

HOW WE SUPPORT FAMILY MEMBERS

- We can provide all the front-line care your loved one needs to live safely at home.
- With Vitalis delivering the practical support, you get to focus on and enjoy being a family member, not a carer.
- We work closely with you to develop the perfect care plan for your loved one.
- We work closely with you to find the best carer for your loved one.
- Our top-class communication process ensures you are across all aspects of your loved one's care - whether you live around the corner or overseas.
- Our flexible funding model means we can deliver care privately or through the Support at Home program - or as a combination of both to ensure complete care coverage.
- We operate a transparent pricing approach.

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Our services

Vitalis Aged Care at Home services for private clients are split into three areas:

Everyday Living services

- Domestic assistance
- Meals
- Specialised cleaning
- Lawns and gardening

Independence services

- Personal care
- Social support
- Community engagement
- Therapeutic services for independent living
- Respite
- Transport
- Assistive technology
- Home modifications

Clinical Support services

- Nursing care
- Allied health
- Nutrition

Please contact us if you require any other services. We're here to help!



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Prices for Everyday Living services from a dedicated Vitalis carer

Everyday Living services help you keep your home in a liveable state. To ensure familiarity, quality and confidence, most Vitalis Everyday Living services are delivered by highly trained Vitalis carers. We match you with the right carer for your needs and situation.

Your Vitalis Carer can help you with:

- General household cleaning
- Washing and ironing clothes
- Grocery or retail shopping
- Making beds
- Preparing or making food.

	Cost per hour
Weekdays (8am - 6pm)	\$115.50
Weeknights (6pm - 8am)	\$132.80
Saturdays	\$173.30
Sundays	\$231
Public holidays	\$288.80

A fee of \$1.50 per km applies for use of a carer's vehicle during a care visit.

Sleepover care is also available in 12-hour blocks. Contact us for details/costs.



If you require any Everyday Living services not listed on this page, please contact us.

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Prices for Everyday Living services from third-party providers

In some instances, Vitalis will call on carefully chosen and approved third-party providers to deliver certain Everyday Living services. These services are still managed by Vitalis Aged Care at Home to ensure timeliness and quality.

	Cost per hour
Lawns and gardening	\$126
Specialised cleaning	\$136.50



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Prices for Independence services from a dedicated Vitalis carer

These services help people who are starting to lose the skills needed to live independently. Most Vitalis Independence services are delivered by highly trained carers under the supervision of a Registered Nurse. We match you with the ideal carer to help you with:

- **Personal care** - includes showering/bathing, toileting and dressing
- **Medication assistance** - includes collecting prescriptions and helping you take meds
- **Non-clinical continence management**
- **Driving to appointments or on outings**
- **Personal assistance** - includes organising things at home
- **Individual and group social support and companionship**
- **Respite care.**

	Cost per hour
Weekdays (8am - 6pm)	\$115.50
Weeknights (6pm - 8am)	\$132.80
Saturdays	\$173.30
Sundays	\$231
Public holidays	\$288.80

A fee of \$1.50 per km applies for use of a carer's vehicle during a care visit.

Sleepover care is also available in 12-hour blocks. Contact us for details/costs.



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	Cost per hour
Home modifications	Per quote
Assistive technology	Per quote



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Prices for Vitalis Clinical Support **nursing services**

As a nurse-led organisation, Vitalis is uniquely placed to keep you living happily and confidently at home even when your needs become complex. Our enrolled nurses (EN) and registered nurses (RN) provide fully accredited, hospital-standard care that includes:

- Wound care
- IV antibiotic therapy
- Medication management
- Catheter and drain management
- Enteral feeding management
- Nasogastric tube care and PEG tube care
- Colostomy care management
- Specialist dementia care
- Specialist cardiovascular care
- Specialist respiratory care
- Specialist palliative care.

	EN cost per hour	RN cost per hour
Weekdays (8am - 6pm)	\$147	\$204.80
Weeknights (6pm - 8am)	\$169.10	\$235.20
Saturdays	\$220.50	\$307.70
Sundays	\$257.30	\$358.10
Public holidays	\$294	\$409.50

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Prices for Vitalis Clinical Support allied health services

As part of our Clinical Support services offering to private clients, Vitalis Aged Care at Home provides other therapeutic services, including support from highly skilled allied health professionals.

	Cost per hour
Physiotherapist	\$220.50
Podiatrist	\$199.50
Occupational Therapist	\$231
Dietician	\$262.50



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