

Quality, affordable care from a trusted provider

Vitalis Aged Care at Home has been helping older Australians remain independent in the comfort and familiarity of home for over 10 years. Compassion and a committement to excellence is at the heart of everything we do. Our wide range of services is provided by experienced and empathetic carers and nurses, and are tailored to the individual needs of you or your loved one. Our pricing is designed to be transparent and cost-effective, while ensuring you receive the quality of care you deserve.



I depend on the Vitalis carers and they do the job properly. I really appreciate their help and what they do. Life is a lot more manageable for me now.

- Barbara G, Sydney



Benefits of Vitalis Aged Care at Home



No waiting lists! Immediate care available for Support at Homeapproved clients.



You choose the care you would like to receive and when you want Vitalis to provide it.



You get to age safely and happily in the comfort and familiarity of your own home.



Level and type of care evolves as you age or need to manage complex health conditions.



Services and supports are tailored to meet individual needs and situations.



Vitalis Aged Care at Home helps you avoid preventable hospitalisations.



All services provided by friendly, skilled and compassionate nurses, allied health staff and carers.



We also provide support to family members, for extra confidence and peace of mind.

About the Support at Home program

From 1 November, 2025, the Australian Government's Support at Home program replaces the Home Care Packages Program and Short-Term Restorative Care Programme. Care and support for older Australians is split into three areas under the new program:

- Everyday Living services includes domestic assistance, home maintenance and repairs, meals
- Independence services includes personal care, social support and community engagement, therapeutic services for independent living, respite, transport, assistive technology and home modifications
- Clinical Support services includes nursing care, allied health and nutrition.

Support at Home program funding

Support at Home services are fully or partly funded by the Government for people over 65 (or over 50 if you are of Aboriginal and/or Torres Strait Islander origin, or are at risk of, or experiencing, homelessness) who meet the government's <u>eligibility criteria</u>.

You may be required by the Government to make a contribution to the cost of care by paying an income-tested fee. For example, full pensioners are required to contribute:

- 17.5% for Everyday Living services
- 5% for Independence services
- 0% for Clinical Care services

Further information about contributions is available on the My Aged Care website, or contact Vitalis Aged Care at Home via the details below.

Support at Home has eight classifications. Each classification has a Government-set budget for you to pay for services. The indicative budget amounts are:

Classification	Quarterly budget	Annual amount
1	~\$2750	~\$11,000
2	~\$4000	~\$16,000
3	~\$5500	~\$22,000
4	~\$7500	~\$30,000
5	~\$10,000	~\$40,000
6	~\$12,000	~\$48,000
7	~\$14,500	~\$58,000
8	~\$19,500	~\$78,000

Under the Support at Home program, 10% of your budget is deducted from your allocated amount and held by Services Australia for Vitalis to use for care management activities. These are charged at \$130 per hour and include care planning, service planning and management, monitoring review and evaluation, and support and education.

Prices for Everyday Living services from a dedicated

Vitalis carer

To ensure familiarity, quality and confidence, most Vitalis Everyday Living services are delivered by highly trained Vitalis carers. We match you with the right carer for your needs and situation.

Your Vitalis Carer can help you with:

- · General household cleaning
- Washing and ironing clothes
- Grocery or retail shopping
- Making beds
- Preparing or making food.

	Cost per hour	
Weekdays (8am - 6pm)	\$110	
Weeknights (6pm - 8am)	\$126.50	
Saturdays	\$165	
Sundays	\$220	
Public holidays	\$275	

A fee of \$1.50 per km applies for use of a carer's vehicle during a care visit.



If the Government (My Aged Care) has advised you of your Support at Home classification and your co-contribution amount, contact us for a personally designed budget showing exactly how many hours of Everyday Living services you can receive each week.

Prices for Everyday Living services from third-party providers

In some instances, Vitalis will call on carefully chosen and approved third-party providers to deliver certain Everyday Living services. These services are still managed by Vitalis Aged Care at Home to ensure timeliness and quality.

	Cost per hour
Lawns and gardening	\$120
Specialised cleaning	\$130
Home maintenance	\$130



If the Government (My Aged Care) has advised you of your Support at Home classification and your co-contribution amount, contact us for a personally designed budget showing exactly how many hours of Everyday Living services you can receive each week.



Prices for Independence services from a dedicated

Vitalis carer

Most Vitalis Independence services are delivered by highly trained carers under the supervision of a Registered Nurse. We match you with the ideal carer for you.

Your Vitalis Carer can help you with:

- Personal care includes showering/bathing, toileting and dressing
- Medication assistance includes collecting prescriptions and helping you take meds
- Non-clinical continence management
- Driving to appointments or on outings
- Personal assistance includes organising things at home
- Individual and group social support and companionship
- Respite care.

	Cost per hour	
Weekdays (8am - 6pm)	\$110	
Weeknights (6pm - 8am)	\$126.50	
Saturdays	\$165	
Sundays	\$220	
Public holidays	\$275	

A fee of \$1.50 per km applies for use of a carer's vehicle during a care visit.



If the Government (My Aged Care) has advised you of your Support at Home classification and your co-contribution amount, contact us for a personally designed budget showing exactly how many hours of Independence services you can receive each week.

Prices for Independence services from third-party providers

In some instances, Vitalis will call on carefully chosen and approved third-party providers to deliver certain Independence services. These services are still managed by Vitalis Aged Care at Home to ensure timeliness and quality.

	Cost per hour
Remedial massage	\$200
Home modifications	Per quote
Assistive technology	Per quote



If the Government (My Aged Care) has advised you of your Support at Home classification and your co-contribution amount, contact us for a personally designed budget showing exactly how many hours of Independence services you can receive each week.



Prices for Vitalis Clinical Support nursing services

As a nurse-led organisation, Vitalis is uniquely placed to keep you living happily and confidently at home even when your needs become complex. Our enrolled nurses (EN) and registered nurses (RN) provide fully accredited, hospital-standard care that includes:

- · Wound care
- IV antibiotic therapy
- Medication management
- · Catheter and drain management
- · Enteral feeding management
- Nasogastric tube care and PEG tube care
- Colostomy care management
- Specialist dementia care
- Specialist cardiovascular care
- Specialist respiratory care
- Specialist palliative care.

	EN cost per hour	RN cost per hour
Weekdays (8am - 6pm)	\$140	\$160
Weeknights (6pm - 8am)	\$161	\$184
Saturdays	\$210	\$240
Sundays	\$245	\$280
Public holidays	\$280	\$320



If the Government (My Aged Care) has advised you of your Support at Home classification, contact us for a personally designed budget showing exactly how many hours of Clinical Support services you can receive each week. There is no co-contribution for Clinical Support services.

Prices for Vitalis Clinical Support allied health services

As part of our Clinical Support services offering to Support at Home program clients, Vitalis provides other therapeutic services, including support from highly skilled allied health professionals.

	Cost per hour
Physiotherapist	\$210
Podiatrist	\$190
Occupational Therapist	\$210
Dietician/Nutritionist	\$210



If the Government (My Aged Care) has advised you of your Support at Home classification and your co-contribution amount, contact us for a personally designed budget showing exactly how many hours of Clinical Support services you can receive each week.

